

Uni Water Polo Team Expectations

● Absences

- Excused absences:
 - Absences that are excused are: absences due to illness or injury (must have doctors note if more than two days absent)
 - All absences must be communicated to Coach Jesse well ahead of time- 24 hours .
- Unexcused absences:
 - Absences that are not excused are: absences with no prior communication with Jesse, social events, water polo games. Any unexcused absence will result in suspension determined by the team.
- Injury: must still attend practice, sitting in the bleachers, or exercise with what you can , prior-communicated commitments
- **Consequences:**
 - Any unexcused absence or absence on the day before a game may result in the player not participating in the game. Accumulated unexcused absences will first result in grade drop then may result in the player being cut from the team/dropped from V/JV
 - Drop a grade after: 2 unexcused, 4 excused (doctor excuse or injury not included)

● Tardies

- Tardies are excused when they are communicated to Coach Jesse before practice starts.
- Tardies are unexcused when not communicated to Coach Jesse before practice starts.
- Policy for accumulated tardies: Accumulated/excessive tardies will result in a grade drop.
 - Consequences:
 - Drop in grade after 3 unexcused, 5 excused

● Schoolwork policy

- It is expected that all players stay on top of their academics and are able to play. However, it is understood that as student-athletes, academics do come first. Talk to Coach Jesse if there are issues.

● Behavior

- On deck/ in the weight room: Respect your teammates and the pool deck. Be aware of who is on deck and watch your language appropriately. No stealing, excessive physical contact, name calling, no bs have class and be mature.
- In the water: Don't lose control, verbally, emotionally, physically. Respect the game and the players, Respect is earned not given.
- Outside team: You represent the team. Don't be disrespectful. Be classy. During games, be calm and collected. Take the warmups seriously. Games are like taking tests, you come in focused and ready to play your best game.
- Online: Everything that you put online stays there. Be aware of what you post and who sees what you post. This includes comments on pages (like other teams' pages) that could impact other teams' perception of us. Including comments on group chats amongst yourselves, or for public view.
 - Consequences:
 - Kicked out of practice, 2nd offense- week out of practice, 3rd- off team

● Sportsmanship

- Other teams: don't belittle teams; this applies in the pool and when you are on the bench.. Better or worse stay humble and always show the other team respect.
- Own teammates: don't put each other down, regardless of skill level. Don't treat the boys that have your back poorly. Take accountability for yourself but also keep your teammates accountable for their job too. Don't mess with the vibe and keep a positive attitude and mindset through the season.