



# UNIVERSITY HIGH SCHOOL GIRLS WATER POLO

2010 SUMMER PROGRAM  
University High School Pool  
June 28 - July 31, 2010

Managed by **Coach Tom Norton**  
UHS Varsity Girls Coach

Summer Program Schedule

Two practices to choose from

Monday: 8am - 10am and 5pm - 7pm  
Tuesday: 8am - 10am and 5pm - 7pm  
Wednesday: 8am - 10am and 5pm - 7pm  
Thursday: 8am - 10am and 5pm - 7pm  
Friday: CDM Beach Workout 10am-12pm

Summer League Night Schedule\*

FROSH/SOPH Team: June 29, July 7, 14, 21, 28  
Varsity Team: June 30, July 8, 15, 22, 29

Summer Tournament Schedule\*

FROSH/SOPH Team: July 11<sup>th</sup>  
Varsity Team: July 9, 10, 11 and July 23, 24, 25

- Water polo strategies
- Ball handling skills: shooting, passing, and faking
- Defending your opponent
- Offensive Skills
- 6 on 5 Offense & Defense
- Recommended for Incoming Freshmen & Returning Players

**Fee:** \$325.00 (summer camp fee, camp T-shirt, and tournament/league fees)

\*League and Tournament dates subject to change.

ALL players must have an active USA Polo Membership to participate. To register, please visit:  
[www.usawaterpolo.org](http://www.usawaterpolo.org)

**Registration is due by June 11, 2010**

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Please make checks payable to UNI Aquatics Booster

Mail registration and check to: UNI Aquatics Booster, c/o Michelle Bilder, 19561 Sierra Soto Road, Irvine, CA 92603

PLEASE PRINT

Players Name:				Grade in Fall 10:	
Parents Names:					
USA Water Polo Membership#			Exp. Date:		
Address:			City	Zip	
Phone #:	Home:	Parent Cell:		Athletes Cell:	
Players' Email:					
Mother's Email:			Fathers Email:		
Amount Paid:			Check #:	Shirt Size: S M L XL	

Questions? Please contact Tom Norton, UNI WATER POLO COACH, [waternorton@hotmail.com](mailto:waternorton@hotmail.com) or 949-584-6462